



Information Sheet

Please keep this document in case you have any questions

Study Information: You can call the study coordinator, Rachel Pride, at (617) 643-2479.

Study Contact Email: b4study@mgh.harvard.edu

Study Website: <https://www.b4study.com>

Who are we?

We are researchers from Massachusetts General Hospital. Our research team is interested in studying the details of pregnancies and how they relate to child brain development.

What is the goal of this study?

The Brain Health Begins Before Birth (B4) Study aims to learn more about the impacts that certain biological, environmental, social, and behavioral exposures –including but not limited to those related to the COVID-19 pandemic – have on pregnancies and brain development of unborn children.

Who is eligible to take part in this study?

We are asking pregnant women age 18 and older to participate in this study. Participation is completely voluntary. If you decline to participate, this decision will not affect the care you receive at Massachusetts General Hospital.

What is involved to participate in this study?

You will be asked to complete a 10–20-minute intake survey followed by five (5) more detailed surveys over the course of your pregnancy. These surveys will ask questions about your pregnancy, lifestyle, mental health, and feelings about the COVID-19 pandemic. Three (3) surveys will be administered during your pregnancy and two (2) surveys will be administered after your child is born. Each survey will take about an hour to complete. We will also review your obstetrical medical records for your current pregnancy.

Will I be compensated for my participation in this study?

You will be paid \$100 if you complete all the surveys in this research study. If you do not complete all the surveys, you will receive \$25 per survey for completing surveys 1 through 3. One \$25 payment will be given for completing surveys 4 and 5. You will not otherwise benefit from participating in this study.

What are the possible risks or discomforts involved from being in this study?

A potential risk to your privacy may arise through the review of your electronic medical record by study staff. To reduce this risk, searches through medical records will be conducted only by trained study staff and will be limited to relevant obstetrical data only. You may also feel uncomfortable answering some of the questions in the study questionnaires. You can skip any questions you do not want to answer.

What if I have questions about my rights as a research participant?

If you want to speak to someone not directly involved in this study, contact the Partners Human Research Committee at 857-282-1900.

How do I let the study team know if I want to participate?

Our contact information is listed at the top of this fact sheet. Please let us know if you would like to participate. If we do not hear from you, we will call you directly to see if you are interested.